

Wochenplan Nachsaison Mai/Juni 2023

Dienstag	Christa	17.00 - 18.00	FK	Trainingshalle
	Christa	18.00 - 19.00	LK	Trainingshalle
	Stefania	18.00 - 19.00	Lila Minis	Trainingshalle

Mittwoch	Christa	14.15 - 15.15	Rosa Minis	Trainingshalle
	Christa	15.15 - 16.15	Lila Minis	Trainingshalle
		16.15 - 16.30	ER	
	Christa	16.30 - 17.30	FK	Trainingshalle
	Christa	17.30 - 18.30	LK	Trainingshalle
	Stefania	15.15 - 16.15	FG	Trainingshalle
		16.15 - 16.30	ER	
	Stefania	16.30 - 17.30	Hobby 1+2*	Trainingshalle
Stefania	17.30 - 18.30	H+	Trainingshalle	

Donnerstag	Christa	17.00 - 18.00	FK	Off Ice GR
	Christa	18.15 - 19.05	FK	Trainingshalle
	Christa	19.05 - 20.00	LK	Trainingshalle

Freitag	Christa	17.00 - 18.00	FK	Trainingshalle
	Christa	18.00 - 19.00	LK	Trainingshalle
	Aurora	17.00 - 18.00	Rosa Minis	Trainingshalle

Samstag	Christa/Aurora	12.00 - 13.00	Rosa Minis	Trainingshalle
	Christa	13.00 - 14.00	FK	Trainingshalle
	Christa	14.00 - 15.00	LK	Trainingshalle
	Christa	15.15 - 16.15	LK	Off Ice GR
	Aurora	10.30 - 11.30	Minis (Rosa und Lila)	Off Ice GR
	Aurora/Christa	12.00 - 13.00	Lila Minis	Trainingshalle

Off Ice: 1x integriert in Kaderpreis, GR = Gymnastikraum Trainingshalle