

Wochenplan Saison 2022/2023 gültig ab 12.11.2022

Montag	Christa	17.00 - 18.00	FK	Off Ice GR (sep)
	Christa	18.15 - 19.10	FK	Trainingshalle
	Christa	19.10 - 20.00	LK	Trainingshalle
	Stefania	18.15 - 19.10	Lila Minis	Trainingshalle
	Stefania	19.10 - 20.00	H+	Trainingshalle

Dienstag	Christa	17.00 - 18.00	FK	Trainingshalle
	Christa	18.00 - 19.00	LK	Trainingshalle
	Christa	19.10 - 20.10	LK	Off Ice GR (sep)

Mittwoch	Christa	14.30 - 15.30	Rosa Minis	Thomas Domenig Stadion
	Christa	15.20 - 16.20	Lila Minis	Thomas Domenig Stadion
	Christa	16.30 - 17.30	FK	Trainingshalle
	Christa	17.30 - 18.30	LK	Trainingshalle
	Stefania	14.30 - 15.30	Einsteiger	Thomas Domenig Stadion
	Stefania	15.20 - 16.20	FG	Thomas Domenig Stadion
	Stefania	16.30 - 17.30	Hobby 1+2*	Trainingshalle
	Stefania	17.30 - 18.30	H+	Trainingshalle

Donnerstag	Christa	17.00 - 18.00	FK	Off Ice GR
	Christa	18.15 - 19.05	FK	Trainingshalle
	Christa	19.05 - 20.00	LK	Trainingshalle

Freitag	Alina/Jasmin	17.00 - 18.00	Einsteiger	Trainingshalle
	Alina/Jasmin	18.00 - 19.00	FG	Trainingshalle
	Christa	17.00 - 18.00	Rosa Minis	Trainingshalle
	Christa	18.00 - 19.00	FK	Trainingshalle
		19.00 - 19.15	ER	
	Christa	19.15 - 20.15	LK	Trainingshalle

Samstag	Christa/Aurora	08.30 - 09.30	Rosa Minis	Thomas Domenig Stadion
	Christa	09.30 - 10.30	FK	Thomas Domenig Stadion
	Christa	10.30 - 11.30	LK	Thomas Domenig Stadion
	Christa	11.45 - 12.45	LK	Off Ice GR
	Aurora/Christa	08.30 - 09.35	Lila Minis	Thomas Domenig Stadion
	Aurora	09.45 - 10.45	Minis (Rosa und Lila)	Off Ice GR

Off Ice: 1x integriert in Kaderpreis, sep = separate Rechnungsstellung, GR = Gymnastikraum Trainingshalle